



OravanOSA  
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## **WARNINGS AND SIDE EFFECTS**

### **INDICATIONS:**

Oravan™ is intended to reduce or eliminate snoring as well as mild to moderate Obstructive Sleep Apnea in adult patients.

### **CONTRAINDICATIONS:**

This device is contraindicated for patients who have loose or numerous missing teeth, dentures, advanced periodontal disease or other oral conditions that would be adversely affected by wearing an intra-oral device which maintains the jaws in a protrusive position. Oravan™ is also contraindicated for patients with severe respiratory disorders, central sleep apnea or are under 18 years of age.

### **WARNINGS:**

The Oravan™ appliance is intended to reduce snoring and Obstructive Sleep Apnea. If any obstruction of oral breathing or other respiratory disorders exist or persist with or without Oravan™ in place, contact your Dentist or sleep physician immediately.

- You may experience soreness or discomfort in your jaw or teeth. If the discomfort persists, consult your Dentist.
- In the morning you may have the sensation that your teeth have moved or there is a change in your bite. The feeling should subside after one hour. If it continues, try chewing on a piece of sugarless gum for 10 minutes. If any discomfort persists, contact your Dentist.

Be sure to have your Dentist re-evaluate your progress with the Oravan™ device every six months. Should the appliance become loose, damaged or does not fit properly, contact your Dentist right away.

### **POSSIBLE SIDE EFFECTS:**

There are few possible side effects with the Oravan™ and they are quite uncommon. However, should you experience any of the following, contact your prescribing Dentist:

- Slight tooth or gingival discomfort.
- Soreness or pain to the temporomandibular joint.
- Excessive salivation. If any exists initially, this will subside as the patient becomes accustomed to wearing the appliance.
- Oravan™ is designed so that tooth movement or bite change should not occur. If any exists or persists, contact your prescribing Dentist.
- Oravan™ is made from the highest grade FDA approved materials and should not cause any toxic or allergic reaction. If this occurs, discontinue use immediately and contact your prescribing Dentist.